



Ingredients & Allergens

Coconut Curry



Sizes available	24g
Ingredients	Lentils squares (lentils (33%), chickpea, potato, stabiliser:potassium choride (E508), texturiser: calcium carbonate (E170), rapeseed oil, salt), coconut curry flavoured seasoning (10%) (rice flour, curry powder (rice flour, ground coriander, ground turmeric, ground fenugreek seed, ground cumin, salt, ground black pepper, ground ginger, garlic powder, green cardamom, natural flavouring, turmeric extract), onion, tapioca starch, salt, garlic, natural flavouring, cumin, ginger, yeast extract, acidity regulator: citric acid, cumin extract, fennel seeds), sunflower oil.
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for coeliacs	Yes
Suitable for lactose intolerant	Yes
Gluten free	Yes

Nutrition information	Per 100g	Per 24g
Energy kcal	399	96
Energy kj	1664	399
Fat	12.8	3.1
of which saturates	1.5	0.4
Carbohydrates	55.5	13.3
of which sugars	1.2	0.3
Fibre	5.6	1.4
Protein	12.3	3.0
Sodium (mg)	0.58	0.14
Salt	1.44	0.35

Store in a cool dry place out of direct sunlight
 All vegan products are registered with the Vegan Society