



Ingredients & Allergens

# Sour Cream and Chive



Sizes available	24g
Ingredients	Lentils squares (lentils (33%), chickpea, potato, stabiliser:potassium choride (E508), texturiser: calcium carbonate (E170), rapeseed oil, salt), sour cream and chive flavour seasoning (10%) (rice flour, tapioca starch, onion, garlic, salt, yeast extract, natural flavouring, acidity regulator: citric acid, parsley, natural chive flavouring), sunflower oil.
Suitable for vegetarians	Yes
Suitable for vegans	Yes
Suitable for coeliacs	Yes
Suitable for lactose intolerant	Yes
Gluten free	Yes

Nutrition information	Per 100g	Per 24g
Energy kcal	399	96
Energy kj	1662	399
Fat	12.6	3.0
of which saturates	1.4	0.3
Carbohydrates	56.1	13.5
of which sugars	1.2	0.3
Fibre	5.3	1.3
Protein	12.2	2.9
Sodium (mg)	0.56	0.13
Salt	1.4	0.33

Store in a cool dry place out of direct sunlight  
 All vegan products are registered with the Vegan Society